

### Reminders for COACHES/ASSISTANT COACHES

- Do your very best to be the best coach you can be; your players' skills will grow with a coach (teacher) who tries to learn more about the game.
- Communicate with your Regional Coach Administrator; ask questions; try to attend clinics and become certified.
- Read all the materials you are given carefully. **STUDY THE RULES AND AYSO GUIDELINES** (supplied)
- Organize your practices; make them fun; combine skills with playing strategies. Use your assistants and other parents at practices. Let them be involved, too.
- Make sure you wear your coach's shirt at games
- No player may play 3 quarters until every team player has played 2 quarters; or 4 quarters until all play 3.
- All coaches and assistants should fill out the AYSO volunteer forms.
- Keep ice packs, medical kit and player forms with you at all practices and games.
- Be aware of any player injuries and know the accident procedure.
- Set practices and avoid changing them because it throws off attendance; be on time to start and end practices and games.
- All players should play  $\frac{3}{4}$  of every game; players should not be in any one position for more than 2 quarters.
- Rotate stronger players discretely if you have a 3 goal lead over your opponent.
- Do not keep written records for your team of either their game scores or player stats and never discuss these with your players.
- Only the Regional Commissioner, Assistant Regional Commissioner and/or referees at the field can postpone games. Call your RC well in advance if there is a problem so changes can be approved and noted.